

Struer, October 2020

Instructions about the use of face masks – UPDATED VERSION

From Thursday 29/10 in the morning

Dear students and staff,

I am writing to inform you about the new instructions about the use of face masks. The face mask does not suspend the other instructions. It is a supplement, that we are taking in use now. It is important to keep your awareness on the general instructions alert.

Please remember:

Washing hands:

Students and staff must wash or disinfect their hands:

- Upon arrival and departure from school. Use the dispensers at the various entrances.
- When the hands are visibly dirty.
- After using the toilet, before and after eating, after blowing your nose, coughing, or sneezing
- When moving from one room to another.

Keep a distance:

- Keep a 1 meter distance from each other when moving around the premises other than the classrooms. I.e. during breaks, in the common areas, when you arrive at school and when you leave it again.
- No hugging or high fives and the like.
- Do not share phones, screens, iPad or laptops.

Be considerate:

- Cough and sneeze in the sleeve and wash your hands.
- Clean your laptop keyboard etc. every day.

INSTRUCTIONS ABOUT THE USE OF FACE MASKS (Between 7.00-17.00)

The instructions are based on the law on the demand to wear face masks.

From Thursday morning:

- Students must wear a face mask, when they are walking around the school in the common areas. When students are sitting down with good distance, - eating, studying or talking to each other, you may take off the face mask.
- Students do not have to wear a face mask in class – also in music classes and physical exercise.
- Teachers, who teach more than two classes a day, must wear a face mask in class.
- All staff members must wear a face mask, when they are in the common areas at the school. When they sit down, they may take off the face mask.

- If staff members are working apart from the common areas, they do not have to wear a face mask.
- Students must buy face masks. You can get face masks at Borgerservice, if you cannot afford them.

How to wear a face mask correctly

Face masks must be worn correctly to avoid spreading the virus and bacteria to yourself and others.

1. Wash your hands or use hand sanitiser before putting on the face mask
2. Find out which side of the mask is the front. For disposable face masks, it is usually the coloured side
3. Put on the face mask by holding the elastic ear loops. Make sure it fits tightly to your face and covers both your nose and mouth
4. Do not touch the face mask during use. Change it often and always put on a new one if it gets wet or dirty
5. Remove the face mask by holding the elastic ear loops, and discard it immediately. Put fabric face masks in a bag and wash them at 60 degrees. Only wear a face mask once, and then discard it or wash it
6. Wash your hands or use hand sanitiser after use

What type of face mask should I wear?

A type I face mask will protect others and yourself.

Wear a factory made CE marked disposable face mask if you are infected or at risk of being infected with novel coronavirus, if you wear a face mask because you are at higher risk, or because you are going to be with someone at higher risk.

In other situations, you can wear a good fabric face mask as an alternative to a disposable face mask.

coronasmitte.dk

sst.dk/corona

You all do a great effort to keep our school and boarding school free from the disease, and we have not had any incidents of disease spreading at the school or the boarding school. This is only possible because you all take care of each other. In the coming period we have to be extra careful by wearing a face mask.

Sincerely

Mads Brinkmann Pedersen

Principal

